



INTRODUCING MAHAMUDRA

BY TRINLAY RINPOCHE

DATE: 12/02/2017

TIME: 2:00PM – 5:00PM

LOCATION: 8781 KNOTT AVE. BUENA PARK, CA 90620

FEE: FREE (DONATIONS ACCEPTED)

REGISTRATION:

[HTTP://WWW.MBA-LA.ORG/INTRODUCING-MAHAMUDRA.HTML](http://www.mba-la.org/introducing-mahamudra.html)

The term Mahāmudrā in Sanskrit (Tibetan: phyag rgya chen po) means literally the Great Seal. It refers to the most ultimate, subtle and unsurpassable reality. Mahāmudrā conveys the fundamental discovery of the Buddha. The term also designates the system of meditative practice preserved within the Kagyu lineages of Buddhism in the Himalayas. A proper application of the instructions of the Great Seal will enable the practitioner to gain a direct insight into the ultimate nature of mind and phenomena.

Trinlay Rinpoche was born in Switzerland of French and American parents in 1975. At thirteen months, His Holiness the 16th Gyalwa Karmapa and the Venerable Kalu Rinpoche recognized him as the reincarnation of an important Buddhist teacher. The following year, Trinlay Rinpoche began the traditional Tulku training under the guidance of Kalu Rinpoche in India. During his spiritual schooling, Trinlay Rinpoche received many transmissions and Buddhist instructions from highly qualified teachers.

Trinlay Rinpoche continued his Buddhist studies in Europe while concurrently beginning a basic Western education. He went on to study, among other places, at the Sorbonne University, the School of Oriental Languages, and the Karmapa International Buddhist Institute. Trinlay Rinpoche, fluent in English, French, and Tibetan, is a charismatic speaker, and has taught in Buddhist centers and universities throughout the world.

